



BURN CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-6:30am H.I.I.T. with Chris S.	5:30am Burn & Kickboxing	5:30-6:30am H.I.I.T. with Chris S.	5:30am Burn & Kickboxing	5:30-6:30am H.I.I.T. with Chris S.		
						10-11am H.I.I.T. with Chris S.
					10:30am Burn & Kickboxing	
	6pm Kickboxing		6pm Kickboxing			
		6:30-7:30pm H.I.I.T. with Chris S.		Try ONE WEEK of classes FREE!		