

BURN CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 a.m.	5:30 a.m.		5:30 a.m.			
Burn &	Burn &		Burn &			
Kickboxing	Kickboxing		Kickboxing			
					10:30 a.m.	
					KICK	
					BOXING	
					10:30 a.m.	
					Brazilian Jiu-Jitsu	
					Chris & Ray	
6:00 p.m.	6:00 p.m.	6:00 p.m.	6:00 p.m.			
BOXING	KICK BOXING	BOXING	Brazilian Jiu-Jitsu Chris & Ray			
7:00 p.m.						
Brazilian Jiu-Jitsu						
Chris & Ray						