

BURN CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 a.m.	5:30 a.m.		5:30 a.m.			
Burn &	Burn &		Burn &			
Kickboxing	Kickboxing		Kickboxing			
					10:30 a.m.	
					KICK BOXING	
					10:30 a.m. Brazilian Jiu-Jitsu Chris & Ray	
6:00 p.m.	6:00 p.m.	6:00 p.m.	6:00 p.m.			
KICK BOXING	KICK BOXING	BURN	Brazilian Jiu-Jitsu Chris & Ray			
7:00 p.m. Brazilian Jiu-Jitsu Chris & Ray						