














BURN CLASS SCHEDULE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|--|---|--|---|--------|
| 5:30 a.m.  BURN | | 5:30 a.m.  BURN | | 5:30 a.m.  BURN | | |
| 9:00 a.m.  BURN | 9:00 a.m.  BURN | 9:00 a.m.  BURN | 9:00 a.m.  BURN | 9:00 a.m.  BURN | 9:00 a.m.  BURN | |
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| 6:00 p.m.  SPORT & BURN | | 6:00 p.m.  SPORT & BURN | | | | |