



**FORT COLLINS**

# SMALL GROUP TRAINING SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 a.m. <b>CHURN &amp; BURN</b>	5:45 a.m. <b>BURN 60</b>	5:30 a.m. <b>CHURN &amp; BURN</b>	5:45 a.m. <b>BURN 60</b>	5:30 a.m. <b>CHURN &amp; BURN</b>		
8:00 a.m. <b>SGPT</b>		8:00 a.m. <b>SGPT</b>		8:00 a.m. <b>SGPT</b>		